



TAILGATE

HUMAN-CENTRED HEALTH and SAFETY TRAINING MATERIALS

TOOLBOX TALK – Rushing Is a Safety Hazard

Date:

Crew / Site:

How to Use This Safety Talk

This is a short, practical conversation guide - not a lecture. Read it in your own words make it personal for your crew by adding site specific examples,, something you noticed recently. You don't need to memorize anything or sound polished. If it feels natural, it will land better.

Opening

I want to talk about rushing, because it's one of the most common safety hazards we deal with – and one of the easiest to overlook. The OSHA requires work to be planned and supervised safely. But rushing quietly undermines even the best plans.

Most close calls don't happen because someone didn't know the rules. They happen because someone felt behind, pressured, or in a hurry to get the job done.

We all understand deadlines and production pressure. But when pace starts driving decisions, risk increases – and that's when due diligence breaks down.

Talking about rushing isn't about slowing work for no reason. It's about making sure the work gets done safely, without someone getting hurt along the way.

Why This Matters

When we rush:

- Steps get skipped
- Hazards get missed
- Communication gets short
- Injuries happen faster

Speed feels productive – until it isn't.

The Tool: Slow the Task, Not the Crew

If things start feeling rushed:

- Pause before starting the task
- Break the job into smaller steps
- Speak up if the pace feels unsafe

Slowing one task can prevent hours - or weeks - lost to an injury. And if you're not sure what to do need to, come talk to me. That's what I'm here for.

Quick Crew Check-In (Optional)

I'm going to ask a couple quick questions. There are no right answers - just say what comes to mind. Just think about it for a second.

- Where do we feel the most pressure to rush?
- What usually helps us reset when things feel hectic?

Take a second. I'm listening.

Supervisor Note:

Rushing is a hazard we can control. Safe work starts with a pace people can maintain.

TOOLBOX TALK – Rushing Is a Safety Hazard

Attendance Sheet

Company/Site: _____

Date: _____ Supervisor Name: _____

Workers in Attendance:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____
- 15 _____